

Welcome to
Parker's

STEAKS | SEAFOOD | DRINKS | GOOD TIMES

1349 Washington Ave., Portland, ME 04103 Phone (207) 878-3339 www.parkers-maine.com

★ **Lunch Servings of Our Classics***

Daily Luncheon

**BLACKBOARD
Specials**

Served with choice of
**Cole Slaw, French Fries,
Featured Potato or Rice
Pilaf.**

Side Salad 3.99

- Teriyaki Tips*** – Hand-cut, marinated pieces 12.99
- Fish & Chips**– A lunch portion of our classic 12.99
- Charbroiled Sirloin***– 7 oz. Hand-cut on premises 14.99
- Baked Haddock***– Light crumb topping 12.99
- Fried Clam Platter**– Full belly clams lightly crumbed 15.99
- Baked or Fried Scallops***– Light crumb topping or deep-fried 15.99
- Chicken Parmigiana***– Classic style with side of linguine 12.99
- Chopped 1/2 lb. Sirloin***– Topped with mushroom gravy 12.99

Luncheon entrees available 11:30am – 4:30pm daily. Dine in or take out...

★ **Sandwiches***

Spicy Pan-Blackened Haddock*

Open-faced on rye with lettuce, tomato and horseradish sauce 9.99

Fried Haddock*

with lettuce, tomato, side of tartar on a toasted bulky 9.99

Downeast Reuben

Open-faced fried haddock, cole slaw, tartar and Swiss baked on rye 9.99

A House Favorite!

Dude Rancher

Open-faced turkey, slaw, crumbled bacon, diced tomato, Swiss & horseradish sauce on rye 9.99 *A House Favorite!*

Philly Steak or Chicken Sandwich*

Sautéed peppers, onions, mushrooms & melted Swiss 10.99

Classic BLT

Bacon, lettuce and tomato with mayo 8.99

Turkey or Ham BLT

Traditionally layered with lettuce, tomato and bacon 10.99

French Dip

Tender, shaved prime rib on a roll 12.99

Grilled Chicken*

Plain or Cajun, with lettuce and tomato 8.99

Hanger Steak Sliders*

Grilled Hanger Steak, lettuce, red onion, horseradish sauce, on toasted brioche bun 12.99

Hot Roast Turkey Sandwich*

Roasted turkey from our kitchen, open-faced with homemade gravy 8.99

Chicken Cordon Bleu Sandwich*

Chicken breast with Virginia ham, swiss, Monterey Jack and supreme sauce 10.99

1/2 lb. Grilled Sirloin Burgers*

The Patty Melt

1/2 pound grilled sirloin burger served on toasted marble rye With horseradish sauce, Swiss cheese and caramelized onions 12.99

Bacon Mushroom Swiss Burger 12.99

Blackened Burger

rubbed with Cajun spice, topped with crumbled bleu cheese and fried onion frizzles 12.99

Grilled Sirloin Burger 1/2 lb. 9.99

ADD:

- cheese: american, cheddar or swiss .75
- onion, green pepper (each) .75
- bacon 1.50

★ **Wraps and Paninis***

Buffalo Chicken Wrap*

Lettuce, tomato, served with a side of bleu cheese dressing 9.99

Crispy Chicken Wrap*

Lettuce, tomato and honey mustard 9.99

Paninis*

Roast Beef Horseradish or lemon chicken Pita bread with layers of Fontina chesse, spinach, artichoke, sautéed sweet peppers 10.99

Turkey Wrap

Lettuce, tomato, shredded cheddar, cranberry mayo 9.99

Grilled Chicken Caesar Wrap*

Romaine, parmigiana and Caesar dressing 9.99

★ **Salads**

Cobb Salad

Grilled chicken, tomato, sliced egg, shredded cheddar and chopped bacon 12.99

A House Favorite!

Orange Chicken Salad

Crispy chicken coated in orange glaze served over a garden salad with sweet pepper, mandarin orange, toasted almonds and sesame seeds 12.99

Greek Salad

Feta cheese, artichoke hearts, calamata olives, mushrooms and tomatoes 9.99

Caesar Salad

Classic style with Romaine, Pecorino Romano, Croutons and anchovies 8.99

Parker's Salad

Garden salad with shredded cheese 8.99

SALAD ADD-ONS

- Grilled Chicken* 6.00
- Salmon * 12.00
- Sirloin burger* 7.00
- Shrimp* 9.00
- Sirloin* 7 oz. 9.00

DRESSINGS

- Bleu Cheese
- Caesar
- Honey Mustard
- Balsamic Vinaigrette
- Ranch
- Parmesan Peppercorn
- Thousand Island
- Green Goddess

Additional dressings .75

Salads available for lunch and dinner.

Parker's Signature Pizzas also available for lunch.

See other side of this menu

Served with your choice of Cole Slaw, French Fries, Featured Potato or Rice Pilaf. Substitute or add Sweet Potato Fries, Parkers chips, or Onion Rings 2.99

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.