

Parker's Menu
Served 11:30 a.m. – 4:30 p.m.
Lunch Servings of Our Classics

Teriyaki Tips – Hand-cut, marinated pieces 9.99

Fish & Chips – A lunch portion of our classic 9.99

Charbroiled Sirloin – Hand-cut on premises 9.99

Baked Stuffed Shrimp – 3 Jumbo spinach & crab stuffed 9.99

Baked Haddock – Light crumb topping 9.99

Fried Clam Platter (A House Favorite)!

Full belly clams lightly crumbed 10.99

Baked or Fried Scallops – Light crumb topping or deep-fried 9.99

Chicken Parmesan – Classic style with side of linguine 9.99

Chopped 1/2 lb. Sirloin – Topped with mushroom gravy 8.99

Daily Luncheon BLACKBOARD Specials



Served with choice of: Cole Slaw, French Fries, Featured Potato
or Rice Pilaf
Side Salad, available

Sandwiches



Crabmeat Salad Roll or Club 11.99

Crabmeat Salad Melt Crab tomato & Swiss baked on Syrian bread 11.99

Lobster Roll or Club 12.99

Pan-Blackened Haddock open-faced on rye with lettuce, tomato & horseradish sauce 8.99

Fried Haddock lettuce, tomato, side of tartar on toasted bulky 8.99

½ lb. Grilled Sirloin Burger (A House Favorite)!

with lettuce & tomato 8.99
add cheese .75
add sautéed veggies (each) .50
add bacon 1.50

Downeast Reuben

Fried Haddock
cole slaw, tartar
and Swiss baked on rye 8.99

Reuben Special

Corned beef, sauerkraut, 1000 island
& Swiss, open-faced on pumpernickel 8.99

Dude Rancher

Turkey, slaw, crumbled bacon, diced
tomato, Swiss & horseradish sauce on rye 8.99

Philly Steak or Chicken Sandwich

Sautéed peppers, onions,
mushrooms & melted Swiss 8.99

French Dip (A House Favorite)!

Shaved prime rib on crisp baked
torpedo roll, au jus 9.99

Classic BLT

Bacon, lettuce and tomato with mayo 7.99

Turkey, Tuna Salad or Ham Club

Traditionally layered with lettuce,
tomato & bacon 8.99

F. Parker Reidy's Steak Sandwich

Charbroiled petite sirloin on a toasted

bulky with peppers and onions 9.99

Hot Roast Turkey Sandwich

Roasted turkey from our kitchen,
open-faced with homemade gravy 7.99

Chicken Cordon Bleu Sandwich

Chicken breast with Virginia ham, Swiss,
Monterey Jack & Supreme Sauce 8.99

Corned Beef & Swiss

with Dijon mustard 8.99

Grilled Chicken

Plain, Teriyaki or Cajun, served with
lettuce & tomato 8.99

Chicken Caprese

Grilled chicken, prosciutto, marinated
tomato, fresh mozzarella & basil 9.99

Wraps



Buffalo Chicken Wrap

Lettuce, tomato, served with a side of
bleu cheese dressing 8.99

Crispy Chicken Wrap

Lettuce, tomato & honey mustard 8.99

Turkey Wrap

Lettuce, tomato, shredded cheddar
with cranberry mayo 8.99

Grilled Chicken Caesar Wrap

Romaine, parmesan & Caesar dressing 8.99

Salads



Cobb Salad with

Georgia Peanut Dressing (A House Favorite)!

Grilled chicken, tomato, chopped egg, shredded cheddar and crumbled bacon 9.99

Chicken Caprese Salad

A House Favorite! Grilled breast and prosciutto, marinated tomatoes and
fresh mozzarella 10.99

Caesar Salad

Classic style with Romaine, Pecorino Romano, croutons and anchovies 7.99

Add grilled chicken 3.00

Add shrimp 5.00

Add sirloin 3.00

Add lobster 5.00

Lobster & Sirloin Caesar with Anchovies

Served with your choice of dressing 13.99

Chef's Salad

Large garden salad with ham, roast turkey, egg, Swiss
and cheddar 10.99

Parker's Salad

Garden salad & shredded cheese topped with choice of sirloin steak, grilled jumbo shrimp, or grilled teriyaki or Cajun chicken 10.99

Mesquite Chicken Salad

Cajun grilled breast with
jack cheese, sautéed onions and mushrooms 10.99

Greek Salad with Chicken

Feta cheese, artichoke hearts, calamata olives, mushrooms
and tomatoes 10.99

Dressings:

- *Bleu Cheese*
- *1000 Island*
- *Caesar*
- *Honey Mustard*
- *Balsamic Vinaigrette*
- *Light Ranch*
- *Parmesan Peppercorn*

Salads available for lunch and dinner.

Served with your choice of: Cole Slaw, French Fries, Featured Potato or Rice Pilaf. Sweet Potato Fries or Onion Rings 1.99

20% gratuity added to parties of 8 or more, or separate checks.

Appetizers



Sesame Ahi Tuna (A House Favorite)!

Sliced and served on a bed of marinated greens
with wasabi, ginger and soy sauce 9.99

Fried Calamari (A House Favorite)!

Served with marinara or Fra Diavolo sauce, or
tossed with red onion, sweet cherry peppers and balsamic 9.99

Coconut Breaded Shrimp Served with pineapple chili sauce 9.99

Cheese Nachos 7.99

Chicken Supreme Nachos 9.99

Bacon & Cheddar Potato Skins 7.99

Chicken & Veggie Quesadilla 8.99

Dirt Wings (A House Favorite)! 1 lb. 8.99 2 lbs. 14.99

Chicken Tenders Plain 7.99

Buffalo-style 8.99

BBQ Chicken Quesadilla 8.99

Bruschetta with Fresh Mozzarella

(A House Favorite)! 7.99

Teriyaki Bacon-Wrapped Scallops 8.99

Crab Cakes 9.99

Teriyaki Beef Kabobs (A House Favorite)! 9.99

Basket of Onion Rings 6.99

Spinach & Artichoke Dip (A House Favorite)! 8.99

Mozzarella Sticks 7.99

Hot Soups



Soup of the Day

Cup 3.99 Bowl 6.99

Clam Chowder Cup 3.99 Bowl 6.99

Haddock Chowder – Served Fridays Only
Cup 3.99 Bowl 7.99

French Onion Soup Crock 6.99

Parker's Signature Pizzas



Pesto and Grilled Chicken
Beneath diced tomato,
Romano and mozzarella 9.99

Greek Pizza (A House Favorite)!
Mozzarella, tomato sauce,
spinach, garlic, Greek olives,
sweet peppers and feta 9.99

Barbeque Chicken

BBQ sauce, cheddar, red
onion and grilled chicken 9.99

Turkey Cheddar

Cranberry mayo and cheddar 9.99

Buffalo Chicken

(A House Favorite)!
Bleu cheese dressing,
mozzarella, red onion and
grilled Buffalo chicken 9.99

Meat Supreme (A House Favorite)!

Hamburg, pepperoni, bacon
and sweet Italian sausage 10.99

Cheese Pizza 6.99

Toppings .50 each
Onions • Peppers • Spinach
Mushrooms • Olives • Garlic

Additional
Toppings .99 each
Sausage • Bacon
Hamburger • Feta
Pepperoni • Artichokes
Jalapenos

Hand-Cut Beef



T-Bone Steak (A House Favorite)!

16-oz. with garlic butter 21.99

Grilled Rib-Eye

14-oz. served with sautéed mushrooms or
Rustler-Style with garlic butter 19.99

Teriyaki Sirloin Tips A House Favorite!

10-oz. hand-cut, tender chunks of beef
marinated in our homemade teriyaki sauce 16.99

Char-Broiled Sirloin or Teriyaki Sirloin

10-oz. filet style western beef, hand-cut
and grilled to perfection 16.99

Single-Bone Premium Pork Chop (A House Favorite)!

10-oz. chop char-grilled with a sweet
jalapeno BBQ sauce 16.99

Veal Marsala

Lightly-pounded, dipped in seasoned flour,
sautéed with mushrooms and scallions in a
Marsala gravy 17.99

Veal Parmesan

Medallions of veal lightly pounded, fried, topped with tomato sauce, parmesan and mozzarella and baked to perfection 17.99

Prime Rib (A House Favorite!)

EVERY Friday and Saturday Night
12 oz. Cut 16.99 16 oz. King Cut 19.99

Chicken



Pecan Chicken (A House Favorite!)

Chicken breasts dipped in egg batter, coated with pecans, pan-sautéed in a bourbon sauce 17.99

Chicken Parmesan

Lightly pounded, breaded and fried chicken breast, baked with marinara and mozzarella, served with a side of linguine with tomato sauce 16.99

Chicken Athena

Hand-cut chicken sautéed with garlic, mushrooms, sun-dried tomatoes, red peppers, Greek olives and artichoke hearts. Served with linguine and tossed with pesto and topped with feta cheese 17.99

Chicken Francese (A House Favorite!)

Chicken breasts dipped in egg batter then pan sautéed in an Amalfi lemon wine sauce 17.99

Chicken Cordon Bleu

Virginia ham, Swiss and Monterey Jack cheeses between two lightly pounded chicken breasts, topped with supreme sauce and baked to perfection 17.99

Fresh

Seafood



Haddock

Fresh fillets, baked, fried or blackened. Served with Parker's chips or your choice of starch 16.99

Baked Stuffed Haddock

En casserole with a spinach and crabmeat stuffing with white wine and butter 17.99

Haddock Casco Bay (A House Favorite)!

Fresh fillet of haddock, lightly crumbed, broiled in white wine and garlic, topped with Maine shrimp and mushrooms, sautéed in a garlic and lemon butter sauce 18.99

Seafood Marinara

Jumbo shrimp, sea scallops, baby clams and haddock, sautéed with garlic and basil with a marinara sauce over linguine. Also available Fra Diavolo or with a white sauce 18.99

Baked Stuffed Jumbo Shrimp

Five jumbo shrimp with Maine crabmeat & spinach stuffing, broiled in white wine & butter 19.99

Seafood Broil

Two stuffed shrimp, haddock and scallops, broiled in white wine and butter 18.99

Sea Scallops

Baked with light crumbs or deep fried 18.99

Fried Clam Platter

Full belly clams lightly crumbed, fried to perfection 18.99



Surf 'n Turf (A House Favorite)!

**Baked Haddock, Baked Scallops
or Baked Stuffed Shrimp**

with choice of 6-oz. Char-grilled Sirloin or Teriyaki Tips 19.99

All Dinner Entrees Served with your choice of: French Fries, Featured Potato or Rice Pilaf.
Substitute Vegetable, Pasta Aioli,

Onion Rings or Sweet Potato Fries 1.99.
Add a Side Salad 1.99.

***Dinner Entrees Available
4:30pm – 10:00pm Daily
Dine In or Take Out***